



SALLISAW PUBLIC SCHOOLS

Sallisaw High School Breakfast and Lunch Menu January 2025



Alternate Cereal, Oatmeal & Yogurt Bar available for
Breakfast Daily

Breakfast and Lunch Served with variety milk choice

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<p>Sallisaw Public Schools is proud to announce that Breakfast and Lunch will be served FREE to Liberty, Eastside, Sallisaw Middle School and Sallisaw High School students for the 2024-2025 school year.</p>		
6	7	8	9	10
Chicken Biscuit Fruit Juice, Milk	Pancake on a Stic Fruit Juice, Milk	Breakfast Pizza Fruit Juice, Milk	Cheese Omelet, Bacon and Toast Fruit Juice, Milk	Biscuits and Gravy Fruit Juice, Milk
Chicken Noodle Soup Green Beans Breadstick Fresh Fruit and Vegetable Bar Milk	Indian Tacos Shredded Cheese Pinto Beans Chips and Salsa Fresh Fruit and Vegetable Bar Milk	Chicken Nuggets Mashed Potatoes & Gravy WG Hot Roll Fresh Fruit and Vegetable Bar Milk	Spicy Chicken Sandwich French Fries Fresh Fruit and Vegetable Bar Peach Crisp Milk	Personal Pan Pizza Ceasar Salad Fresh Fruit and Vegetable Bar Milk
Mr. Ribb/Chips/Pickle	Chicken Fajitas/Veggies	Chicken Nuggets/Potato/Roll	Hamburger/Tots	Pizza/Salad
13	14	15	16	17
Breakfast Boat Fruit Juice, Milk	High School Griddle Fruit Juice, Milk	Sausage Biscuit Fruit Juice, Milk	Funnel Cake Strawberries Juice, Milk	Biscuits and Gravy Fruit Juice, Milk
Chicken Spaghetti Sweet Peas Garlic Bread Fresh Fruit and Vegetable Bar Milk	Burrito w/ Cheese Sauce Refried Beans Chips and Salsa Fresh Fruit and Vegetable Bar Milk	Chicken Tenders Mashed Potatoes & Gravy Carrots WG Hot Roll Fresh Fruit and Vegetable Bar Milk	Chili Fries Shredded Cheese Cornbread Fresh Fruit and Vegetable Bar Milk	Meatball Sub Sandwich Spinach Salad Shredded Mozzarella Corn Chips Fresh Fruit and Vegetable Bar Cookie and Milk
Turkey Sandwich/Veggie	Chipotle Chicken Flatbread	Chicken Nuggets/Potato/Roll	Hamburger/Wedges	Pizza/Salad
20	21	22	23	24
Martin Luther King Jr Day 	Pancake on a Stick Fruit Juice, Milk	Breakfast Pizza Fruit Juice, Milk	Breakfast Burrito Fruit Juice, Milk	Biscuits and Gravy Fruit Juice, Milk
	Breakfast for Lunch Scrambled Eggs and Sausage Hashbrown Biscuits and Gravy Yogurt Bar Juice, Milk	Chicken Fry Steak Mashed Potatoes & Gravy WG Hot Roll Fresh Fruit and Vegetable Bar Milk	Boneless Hot Wings Curly Fries Fresh Fruit and Vegetable Bar Milk	Toasted Cheese Sandwich Cream of Jalapeno Soup Mixed Greens Salad Fresh Fruit and Vegetable Bar Cookie Milk
	Chicken and Waffles/Hashbrown	Chicken Nuggets/Potato/Roll	BBQ Wings/Tots	Pizza/Salad
27	28	29	30	31
Ham, Egg & Cheese Croissant Fruit Juice, Milk	French Toast Sticks Fruit Juice, Milk	Sausage Biscuit Fruit Juice, Milk	Donuts Fruit Juice, Milk	Biscuits and Gravy Fruit Juice, Milk
Chicken Bacon Ranch Wrap Fresh Broccoli Fresh Fruit and Vegetable Bar Wacky Cake (Chocolate) Milk	Crispito w/ Cheese Sauce Black Beans Chips and Salsa Fresh Fruit and Vegetable Bar Milk	Popcorn Chicken Mashed Potatoes & Gravy Peas WG Hot Roll Fresh Fruit and Vegetable Bar Milk	Fish Sticks French Fries Pinto Beans Hushpuppies Fresh Fruit and Vegetable Bar Milk	Pizza Spaghetti Salad Breadstick Fresh Fruit and Vegetable Bar Cookie Milk
Hot Dog/Chips	Chicken Burrito Bowl/Beans	Chicken Nuggets/Potato/Roll	Hamburger/Wedges	Pizza/Salad

Menu Subject to Change According to Product Availability

This institution is an equal opportunity provider.